

More Than a Haircut is a series of conversations about fathering in the African-Canadian community, being held in local barbershops. These conversations, led by African-Canadian men who are fathers themselves, are a chance to find out what others are thinking about being a father, about handling the responsibilities, and about enjoying your children, right from the beginning.

As part of the "barbershop conversations" there will be snacks, prizes and lots of information to pick up. So come to the barbershop and get more than a haircut....

Special Thanks to...

The Barbers of Eglinton
1565 A Eglinton Avenue West

Discount Barbers
1537 Eglinton Avenue West

J.C. Barbers
1567 Eglinton Avenue West

This is a project of the Macaulay Child Development Centre in partnership with local barbershops and leaders in the Black community. For further information please contact: Macaulay Child Development Centre

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MORE THAN A HAIRCUT



*Are you a Dad, Step-dad,
Grandfather, Uncle,
Brother?
Then you are an important
person in a child's life!*



**What makes you so strong, Black man?
The conversation continues...**



**Black Fatherhood on Fathering
Tips from the Barbershop
(For children 0 - 12 years)**

- ✓ Listen to your child.
- ✓ Focus on the well being of your child. Protect your child from conflict you may have with your partner.
- ✓ Be positive and optimistic to help your child cope with life's problems.
- ✓ Manage the anger and pain of racism. Do not let these flow out to affect your relationship with your child.
- ✓ Keep your word to your child.
- ✓ Discipline with love and calmness to help your child learn.
- ✓ Teach and reinforce positive racial and cultural awareness in your child.

- ✓ Participate in Black community events. Spend time with your child.
- ✓ Use your extended family to help if possible.
- ✓ Show interest and if possible, take part in decisions about school, health, etc.
- ✓ Show love, affection and positive support.
- ✓ Think and act responsibly re sexual practices.
- ✓ Take care of your physical, emotional and spiritual health.
- ✓ Support other Black fathers in dealing with fathering issues.
- ✓ Use community resources, elders and close friends to share ideas and strategies.

